

Rebuilding & Reconnecting
April 28, 2021

About Us



Michigan Supporting and Including Brothers and Sisters (MI SIBS) exists to provide adult siblings of individuals with disabilities with the information, resources and support to advocate with and/or for their brothers and sisters and to promote leadership roles of siblings within the disability community.

Member of **Sibling Leadership Network**



Purpose: To promote a broad network of siblings who share the experience of disability and people concerned with sibling issues by connecting them to social, emotional, governmental, and provisional supports across the lifespan enabling them to be effective advocates with their brother and sister, and to serve as change agents for themselves and their families.

Mission: To provide siblings of individuals with disabilities the information, support, and tools to advocate with their brothers and sisters and to promote the issues important to them and their entire families.

Agenda

- Introductions
- Presentation
- Discussion
- Future Virtual Meetings

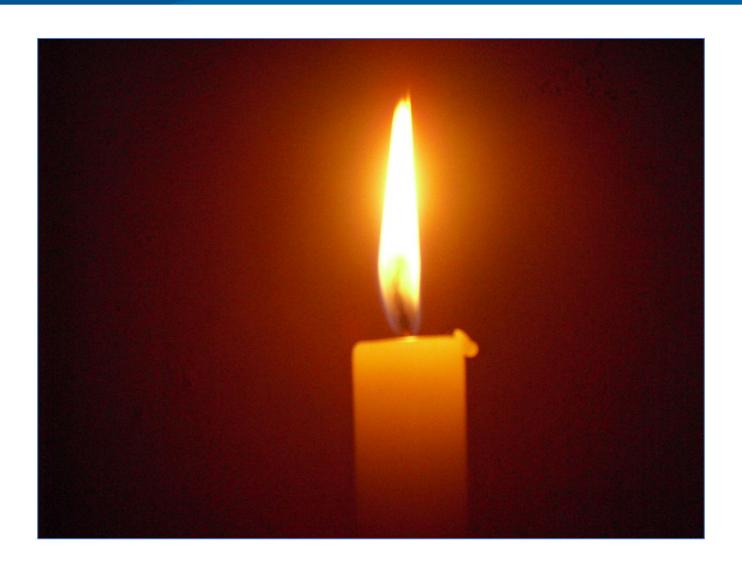
Facilitators: Amy Peckinpaugh and Angela Martin

Please Share in the Chat...

- Your name
- Where you are from
- Your sibling/family



Please Join Us in a Moment of Silence.....



What Now? Where Do We Go From Here?

Questions You May Have as a Support Person to your Sibling:

- How can my sibling get vaccinated?
- Direct Support Professionals How does this happen safely?
- Resuming Work What does this look like?
- Supports Coordinator and Case Management Visits Are visits in-person, hybrid, or virtual visits?
- Spending time with your sibling Is there a safe way to socialize?
- What is working for your sibling?
- What needs to change?



Michigan and National Resources:

- Behavioral Health and Developmental Disabilities Administration: A Phased Approach to Resuming Standard Operations for: Case Management and other Home and Community-Based Services
- Michigan Developmental Disabilities Institute: COVID-19 Resources
- Sibling Leadership Network: COVID-19 Resources for People with Disabilities and Families

Vaccination Resources



All Michiganders aged 16 and older are eligible for the COVID-19 vaccine

- To register for the **Regional Community Vaccination Site at Ford Field in Detroit**, visit <u>Clinic Request (meijer.com)</u> or text EndCOVID to 75049
- Check additional vaccination sites, such as **local pharmacies** Meijer, Kroger, Rite Aid, CVS, Walmart (Mid/Central and Northern Michigan) and Snyder Drugs (U.P. residents)
- To register for the West Michigan Vaccine Clinic at DeVos Place in Grand Rapids, visit West Michigan Vaccine Clinic. <u>Spectrum Health</u>
- Residents who don't have access to the Internet or who need assistance navigating the vaccine scheduling process may call the **COVID-19 Hotline** at 888-535-6136 (press 1) Monday through Friday from 8 a.m. to 5 p.m., Saturday and Sunday from 8 a.m. to 1 p.m., or call 2-1-1 (press 5).
- Check with your local health department. <u>Coronavirus Vaccine Locations</u> (michigan.gov)
- Wayne County is maintaining a list of vaccine providers on WayneCounty.com, including community clinics organized by Wayne County Public Health. www.waynecounty.com/covid19/vaccination.aspx

COVID-19 Tools



• MI COVID Alert mobile phone app that provides fast alerts letting you know whether you may have been exposed to COVID-19. It is free and anonymous.



• MI Symptoms is a free online tool built with leading public health experts to help employers and organizations screen their employees or members for COVID-19 symptoms. Learn more at MI Symptoms (state.mi.us)



• Community pop-up testing sites are free and open to the public. If you or loved one is sick or has symptoms, find a Community Pop-Up Testing site at Coronavirus - Test (michigan.gov)



• If you're feeling emotional distress due to the COVID-19 pandemic, get free, confidential support from a **Michigan Stay Well** counselor.

Dial 1-888-535-6136 and press "8" – Available 24/7

<u>Coronavirus - Mental Health Resources (michigan.gov)</u>

Sibling Leadership Network Virtual Conference June 18 &19, 2021



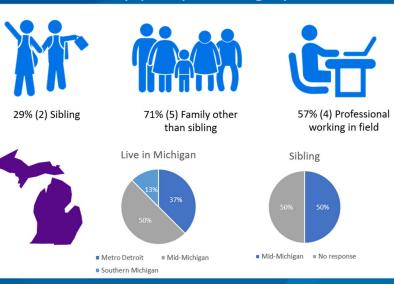
SIBLING LEADERSHIP NETWORK 2021 STRENGTH THROUGH83 CONFERENCE CONNECTION

2021 Sibling Leadership Network National Conference Program - Sibling Leadership Network

2021 National Sibling Leadership Network Conference Equity & Inclusion Scholarship Application - Sibling Leadership Network Conference questions can be addressed to Amy. Halm@siblingleadership.org

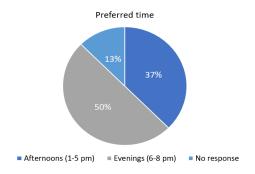
MI SIBS Survey Results

MI SIBS Survey (N=8): Demographics

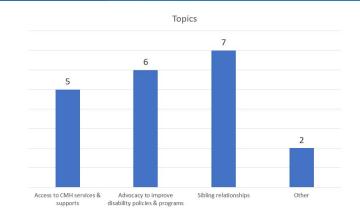


MI SIBS Survey (N=8): Future Activities

Frequency: 100% (8) Every other month



MI SIBS Survey (N=8): Topics



Thank you for Joining Us



www.misibs.org



